



Course Title:	Safe Use of Quick Hitch
Level:	Basic
Duration:	1 Day
Designed for:	Candidates whose work includes the changing of buckets on excavators fitted with a quick hitch
Objectives:	To provide candidates with an understanding of the various classifications of quick hitch devices and identify the associated risks. Advise on precautions for the prevention of accidents and teach the safe use of quick hitches.
Course Content:	Health & Safety at Work Act Provision and Use of Work Equipment Regulations Lifting Operations and Lifting Equipment Regulations BS EN 474-1 Risks associated with quick hitch devices Safety prior to changing a device Manual system Semi-automatic system Automatic system disconnecting and connecting Maintenance Manufacturer's Requirements Defect reporting
Certification:	Bon-Accord Training Limited
Prerequisites:	Candidates must be physically and mentally capable of using the equipment. If in doubt, medical consultation is advised.
Instructor/Candidate Ratio:	1 Instructor : 12 candidates



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One Day Programme

Theory Session

0830 – 0845	Administration and Course Outline
0845 – 0915	Regulations
0915 – 0945	Risks associated with quick hitches
0945 – 1000	Break
1000 – 1045	Types of quick hitches, limitations and safety
1045 – 1115	Fitting and removing attachments using manual, semi-automatic and fully automatic hitches
1115 – 1200	Maintenance, manufacturer's requirements Defect reporting
1200 – 1230	Theory Test
1230 – 1300	Lunch

Practical Session

1230 – 1500	Practical (where equipment available) Safe use of manual, semi-automatic and fully automatic hitches Changing attachments using manual, semi-automatic and fully automatic hitches
1500 – 1515	Break
1515 – 1600	Practical Assessments
1600 – 1615	Feedback and Administration